



# ANATOLIAN TABLE RESTAURANT

Serving Lunch & Dinner  
from 11:30 am to 10.00 pm celebrating FRESH FOOD

*For a Healthier & Longer Life,  
The Best Mediterranean Food In Town.*

We welcome you to explore the exciting tastes from the Anatolian Region of Turkey, at one of the Best Authentic Turkish Restaurants found in the United States.

Our Anatolian Table Restaurant is one of the highest-rated restaurants in the Sacramento Region.

The Anatolian Table is highly rated because we only serve healthy, fresh, authentic, homemade dishes prepared without any food coloring, additives, or MSG. Our recipes feature locally grown fresh produce and are prepared daily in the Anatolian Table kitchen from scratch.

Treat yourself and a guest to the Anatolian Table experience to enjoy our authentic Turkish dishes, award-winning Turkish Tea and our warm hospitality.

We know that you just found out about the world famous Turkish Cuisine and it is right at your doorstep, in Northern California and not in Turkey

*E. Hazar*  
*Owner*

**Please inform your server if you have any food allergy or special diet before placing your order.**

Thoroughly cooking food of animal origin, including but not limited to beef, eggs, fish, lamb, milk, poultry, or shell stock reduces the risk of Food Borne Illness. Young children the elderly, and individuals with certain health conditions may be at a higher risk if these foods are consumed raw or under cooked.



# LUNCH MENU

(DINNER MENU ALSO AVAILABLE)

MONDAY TO FRIDAY FROM 11:30 AM TO 2:30 PM ONLY  
(EXCEPT PUBLIC HOLIDAYS)

## Appetizers

Served with 1 Bread, Additional Bread \$ 0.99

### RED LENTIL SOUP 6.95

Traditional Turkish red lentil soup.

### HUMUS 6.95

Garbanzo beans, seasoned with garlic and olive oil. (CH/DR)

### SPICY HUMUS 6.95

Garbanzo beans, seasoned with garlic, olive oil, and house spices. (DR)

### CACIK 6.95

House made yogurt with chopped cucumber, garlic mint, and olive oil. (CH/PG)

### BABAGANUCH (Smoked Eggplant Salad) 7.45

Smoked eggplant with olive oil and tahini. (CH)

### EGGPLANT SAUCE 7.45

Pan fried eggplant with tomato and garlic in olive oil, served chilled. (CH/SB)

### FETA CHEESE 7.45

Slices of Feta with tomato and cucumber slices, black Kalamata olives and olive oil. (CH)

### FILO PASTRY 7.45

Filo wrapped, stuffed with Feta cheese, pan fried until golden brown. (CH/PG)

### CHICKEN FETA 8.95

Diced chicken meat with Feta cheese, red pepper, and onion sauce. (CH/SB)

## Kebab's from the Grill

Served with Rice, Salad, Yogurt Sauce, (Soda for \$1.00)

### DONER KEBAP 13.95

Combination beef and lamb, thinly sliced from the vertical grill. (M/Z/SH)



CACIK



SPICY HUMUS



BABAGANUCH

**LAMB SIS KEBAP (Lamb Cube Kebap) 17.95**

Tender cubes of lamb marinated with seasoning. (Z/SH)

**CHICKEN KEBAP 13.95**

Tender cubes of chicken breast marinated with seasoning. (CH/SB)

**ADANA KEBAP 14.45**

Spicy ground lamb with traditional spices, skewered and grilled. (Z/SH)

**BEYTI KEBAP 14.45**

Spicy ground lamb wrap with spicy humus. (Z/SH)

**MEAT BALL KEBAP 13.95**

Char grilled ground beef and lamb meat with seasoning. (CH/SB)

*Traditional Entrees*

**DONER KEBAP WITH YOGURT 14.95**

Ground meat cooked on vertical broiled served on yogurt served with salad on side. (Z/CS/M)

**ADANA WITH YOGURT 14.95**

Ground lamb meat on skewers with spices, served on yogurt with side salad. (Z/SH)

**CHICKEN KEBAP WITH YOGURT 14.95**

Cubes of chicken breast marinated with seasoning, served over yogurt with salad on side. (Z/CS/M)

**MEAT BALL KEBAP WITH YOGURT 13.95**

Ground meat ball with seasoning with yogurt served with salad on side. (Z/CS/M)

**LAMB SOTEA 14.95**

Fresh cubes of lamb with mixed vegetables cooked with sauce on pan with rice and salad. (Z/CS/M)

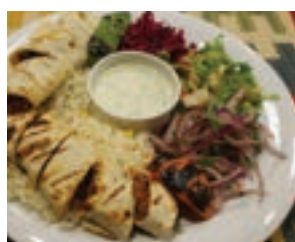
**CHICKEN SOTEA 14.45**

Fresh cubes of chicken breast, mixed vegetables cooked with sauce on pan with rice and salad. (Z/CS/M)

**LAMB CASSEROLE 14.95**

Mixed vegetables with lamb cubes, seasoned in casserole pot cooked in oven served with rice on side. (Z/CS/M)

Thoroughly cooking food of animal origin, including but not limited to beef, eggs, fish, lamb, milk, poultry, or shell stock reduces the risk of Food Borne Illness. Young children the elderly, and individuals with certain health conditions may be at a higher risk if these foods are consumed raw or under cooked.



BEYTI KEBAP



KOFTE KEBAP



LAMB CHOPS

**VEGETABLE CASSEROLE** **13.95**

Mixed vegetables with seasoned in casserole pot cooked in oven. (CH/SB)

**CHICKEN CASSEROLE** **14.95**

Mixed vegetables with chicken cubes, seasoned in casserole pot cooked in oven served with rice on side. (Z/CS/M)

## *Lunch Sandwiches*

Served with Side of Rice or Fry's, Soda for \$1.00

**DONER SANDWICH** **14.45**

Combination beef and lamb, thinly sliced from the vertical grill wrapped in flatbread with salad.

**ADANA SANDWICH** **14.45**

Char grilled ground spicy lamb meat on skewer wrapped in flatbread with salad.

**CHICKEN SANDWICH** **14.45**

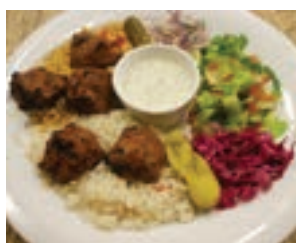
Tender cubes of chicken breast marinated with seasoning, grilled and wrapped in flatbread with salad.

**VEGETABLE SANDWICH** **13.45**

Oven cooked mixed vegetable with spicy humus wrapped in flatbread.

**MEAT BALL SANDWICH** **13.95**

Ground beef and lamb meat patty's with seasoning, wrapped in flatbread with salad.



**BEEF KEBAP**



**ADANA SANDWICH**



**CHICKEN SOTEA**



**CHICKEN KEBAP**



**HOUSE WRAP**



**CHICKEN CASSEROLE**

**Wine pairing short list name will be at the end of Each Entrée.**

**CH** - Chardonnay

**PG** - Pinot Grigio

**M** - Merlot

**DR** - Dry Reisling

**Z** - Zinfandel

**CS** - Cabernet Sauvignon

**SB** - Sauvignon Blanc

**SH** - Shiraz

*Mixed appetizer for 2 will get 3 bread, mixed appetizer for 4 will get 4 bread due the high demand for bread there will be an additional charge for extra bread. Maximum 6 split checks for group of 6 or more. 18% Service Charge will be added to a table of 6 or more.*

# DINNER MENU

## Soup

**RED LENTIL SOUP** 8.95  
Traditional Turkish red lentil soup.

## Salads

**SHEPHERD SALAD** 12.95  
Tomatoes, cucumber, red onion, olive oil etc. (PG/CH)

**HOUSE SALAD** 10.95  
Red cabbage, red onion with Romaine lettuce with house dressing.  
(PG/CH)

*Add chicken or Doner Kebab or Meat Ball 7.95 Add Feta cheese for 3.95*

## Cold Appetizers

Served with Pitta Bread (Additional Pitta \$0.99)

**HUMUS** 9.45  
Garbanzo beans, seasoned with garlic and olive oil. (CH/DR)

**SPICY HUMUS** 9.45  
Garbanzo beans, seasoned with garlic, olive oil, and house spices.  
(DR)

**CACIK** 8.95  
House made yogurt with chopped cucumber, garlic mint, and  
olive oil. (PG/CH)

**BABAGANUCH (Smoked Eggplant Salad)** 9.45  
Smoked eggplant with olive oil and tahini. (CH)

**DOLMA** 9.95  
House made stuffed grape leaves, with rice, onions, pine nuts, and  
assorted herbs (contains Pine Nuts). (CH/SB)

**EGG PLANT SAUCE** 9.45  
Pan fried eggplant with tomato and garlic in olive oil, served chilled.  
(CH/SB)

**FETA CHEESE** 8.45  
Slices of Feta with tomato and cucumber slices, black Kalamata  
olives, and olive oil. (CH)



DOLMA



SHEPHERD SALAD



MIXED GRILL

**MIXED APPETIZERS FOR 2 PEOPLE** **26.95**

Variety of appetizers served with bread. (CH/SB/DR/M)

**MIXED APPETIZERS FOR 4 PEOPLE** **44.95**

Variety of appetizers served with bread (CH/SB/DR/M)

## Hot Appetizers

**BAKED OVEN HUMUS** **10.95**

Spicy or Regular Humus, seasoned with olive oil, Mozzarella cheese and cooked in oven (contains Pine Nuts). (PG/CH)

**FILO PASTRY** **9.95**

Filo wrapped, stuffed with Feta cheese. Pan fried until golden brown. (C/PG)

**MUSHROOM IN THE OVEN** **11.95**

Mushroom stuffed with cheese cooked, olive oil and pepper flake. (DR/PG)

**CALAMARI** **11.95**

Breaded and fried calamari served with house made sauce. (CH/SB)

**CHICKEN FETA** **11.95**

Diced chicken meat with Feta cheese, red pepper, and onion sauce. (CH/SB)

**GARLIC FRY'S** **9.95**

French fry's with Feta cheese and roasted garlic etc.

**SHRIMP WITH FETA** **13.95**

Shrimp cooked into a feta cheese, red pepper, and onion sauce. (CH/SB)

## Kebab's from Grill

Comes with Rice, Salad, Yogurt Sauce

**DONER KEBAP** **20.95**

Combination beef and lamb, thinly sliced from the vertical grill. (M/Z/SH)

**LAMB KEBAP** **21.95**

Tender cuts of lamb marinated and grilled. (Z/SH)

*Mixed appetizer for 2 will get 3 bread, mixed appetizer for 4 will get 4 bread due the high demand for bread there will be an additional charge for extra bread. Maximum 6 split checks for group of 6 or more. 18% Service Charge will be added to a table of 6 or more.*



FILO PASTRY



DONER KEBAP



MUSHROOM IN THE OVEN

<b>BEEF KEBAP</b>	<b>20.95</b>
Tender Tri-Tip beef cuts, marinated and grilled. (Z/SH)	
<b>CHICKEN KEBAP</b>	<b>19.95</b>
Tender cuts of chicken breast, marinated and grilled. (SB/CH)	
<b>ADANA KEBAP</b>	<b>20.95</b>
Spicy ground lamb with traditional spices, skewered and grilled. (Z/SH)	
<b>LAMB CHOPS</b>	<b>25.95</b>
Tender lamb chops, served bone-in and grilled. (CH/M/Z)	
<b>BEYTI KEBAP</b>	<b>20.95</b>
Adana kebab wrapped in flat bread with Spicy Hummus inside. (Z/SH)	
<b>KOFTE KEBAP</b>	<b>19.95</b>
Ground lamb and beef, seasoned with garlic, onions, and parsley in patties. (SB/CH)	
<b>MIXED GRILL KEBAP (1 PERSON)</b>	<b>27.95</b>
House selection of Kebab meats. (Z/SH/CH/M)	
<b>MIXED GRILL KEBAP (2 PEOPLE)</b>	<b>52.95</b>
House selection of Kebab meats. (Z/SH/CH/M)	
<b>MIXED GRILL KEBAP (4 PEOPLE)</b>	<b>99.95</b>
House selection of Kebab meats. (Z/SH/CH/M)	

## *Dinner Sandwiches*

Served with Side Rice or Fry's

<b>DONER SANDWICH</b>	<b>17.95</b>
Combination beef and lamb, thinly sliced from the vertical grill wrapped in flat bread with salad.	
<b>ADANA SANDWICH</b>	<b>17.95</b>
Char Grilled grounded spicy lamb meat on skewer wrapped in flat bread with salad.	
<b>CHICKEN SANDWICH</b>	<b>17.95</b>
Tender cubes of chicken breast marinated with seasoning, grilled and wrapped in flat bread with salad.	

Thoroughly cooking food of animal origin, including but not limited to beef, eggs, fish, lamb, milk, poultry, or shell stock reduces the risk of Food Borne Illness. Young children the elderly, and individuals with certain health conditions may be at a higher risk if these foods are consumed raw or under cooked.



**ISKENDER KEBAP**



**ADANA KEBAP**



**SULTANS DELIGHT LAMB**

## *Kebab's with Yogurt*

### **BEYTI KEBAP WITH YOGURT** **21.95**

Adana Kebab wrapped in flatbread with spicy hummus inside, served with yogurt and house sauce. (Z/SH/M)

### **ISKENDER KEBAP** **22.95**

Doner Kebab served on bread, with house minced vegetable sauce and yogurt. (Z/CS)

### **ADANA KEBAP WITH YOGURT** **21.95**

Ground lamb meat on skewers with spices, served on yogurt with side salad. (Z/SH)

### **CHICKEN KEBAP WITH YOGURT** **20.95**

Cubes of chicken breast marinated with seasoning, served over yogurt with side salad. (Z/CS/M)

## *Traditional Dishes*

### **SULTANS DELIGHT WITH LAMB** **21.95**

Tender diced lamb with onion over rich and creamy smoked eggplant sauce served with side salad. (Z/CS/M)

### **SULTANS DELIGHT WITH CHICKEN** **20.95**

Tender diced chicken with onion over rich and creamy smoked eggplant sauce served with side salad. (CH/SB)

### **SULTANS DELIGHT WITH VEGETABLES** **18.95**

Sautéed mixed vegetables over rich and creamy smoked eggplant sauce served with side salad. (CH/SB)

### **LAMB SOTEA** **20.95**

Tender diced lamb with mixed vegetables in house sauce, with salad and rice. (Z/CS/M)

### **CHICKEN SOTEA** **19.95**

Tender diced chicken with mixed vegetables in house sauce, served with rice and salad. (Z/CS/M)

### **LAMB CASSEROLE** **20.95**

Mixed vegetables with diced lamb, baked in savory sauce and served with side rice. (Z/CS/M)

### **CHICKEN CASSEROLE** **20.95**

Mixed vegetables with diced chicken, baked in creamy sauce and served with side rice. (Z/CS/M)

### **VEGETABLE CASSEROLE** **18.95**

Mixed vegetables baked in savory sauce and served with side rice. (CH/SB)



LAMB CASSEROLE



MIXED GRILL



VEGETABLE WRAP



## Mediterranean Bowls

- DONER BOWL** **18.95**  
Combination beef and lamb, thinly sliced from the vertical grill served over rice, salad. (M/Z/SH)
- BEEF BOWL** **18.95**  
Tender Tri-Tip beef cuts, marinated and grilled served over rice, salad. (M/Z/SH)
- CHICKEN BOWL** **18.95**  
Tender cuts of chicken breast, marinated and grilled served over rice, salad. (SB/CH)
- ADANA BOWL** **18.95**  
Spicy Ground lamb with traditional spices, skewered and grilled served over rice, salad. (Z/SH)

## Vegetarians

- VEGETABLE CASSEROLE** **18.95**  
Mixed vegetables baked in savory sauce and served with side rice. (SB/CH)
- VEGETABLE WRAP** **17.95**  
House vegetable blend wrapped with spicy hummus, served with rice and salad. (SB/CH)
- DOLMA WRAP** **16.95**  
House made dolma wrap in flatbread with humus, salad and special sauce served with fry's.
- VEGETABLE SOTEA** **17.95**  
Mixed vegetable in house sauce, served with rice and salad. (SB/CH)
- SULTANS DELIGHT WITH VEGETABLES** **18.95**  
Sautéed mixed vegetables over rich and creamy smoked eggplant sauce served with side salad. (SB/CH)

## Sea Foods

Char Grilled, Served with Rice, Salad or Fry's

- SEA BREAM** **34.95**  
Char grilled whole royal Dorado from Mediterranean sea. (DR/SB/CH)
- SEA BASS** **34.95**  
Char grilled whole Brazen from Mediterranean sea. (DR/SB/CH)



SHRIMP CASSEROLE



SALMON



SEA BASS

<b>SALMON</b>	<b>22.95</b>
Char grilled Salmon fillet. (PN/Z)	
<b>SALMON SOTEA</b>	<b>22.45</b>
Diced Salmon with vegetables. (PN/Z)	
<b>SALMON CASSEROLE</b>	<b>22.95</b>
Salmon with mixed vegetables, baked in creamy house sauce. (PN/Z)	
<b>SHRIMP SOTEA</b>	<b>21.95</b>
Shrimp with mixed vegetables in house sauce. (Z/CS/M)	
<b>SHRIMP CASSEROLE</b>	<b>22.95</b>
Shrimp with mixed vegetables, baked in creamy house sauce. (PN/PG)	

## *Kid's Menu*

Served with French Fry's or Rice, Soda Drink (*Pizza excluded.*  
Under 12 years old only)

<b>CHEESE BURGER</b>	<b>9.95</b>
Beef patty with ketchup and cheese.	
<b>HAMBURGER</b>	<b>9.95</b>
Beef patty with ketchup.	
<b>CHICKEN TENDERS</b>	<b>9.95</b>
Fried chicken tenders.	
<b>DONER KEBAP</b>	<b>9.95</b>
Small serving Doner Kabob plate.	
<b>CHICKEN KEBAP</b>	<b>9.95</b>
Small serving Chicken Kabob plate.	
<b>PITTA PIZZA</b>	<b>9.95</b>
Small size cheese pizza plate.	
<b>KOFTE KEBAP</b>	<b>9.95</b>
Small serving Kofte Kebab plate.	

## *Desserts*

House Made Recommended with Turkish Tea or Coffee

<b>BAKLAVA</b>	<b>6.95</b>
House made layered Filo dough, with pistachio and house made syrup.	
<b>BAKED RICE PUDDING</b>	<b>6.95</b>
Turkish rice pudding with cinnamon and walnut.	



BAKED RICE PUDDING



APRICOT DESSERT



BAKLAVA

**APRICOT DESSERT** **8.95**

Glazed apricots, served with almonds, house caramel and berry sauces over whipped cream.

**KUNEFE** **8.95**

Shredded Filo stuffed with Mozzarella cheese, baked until crispy and topped with house syrup and pistachio.

## *Beverages*

**SODA** **3.45**

Ask server for varieties.

**AYRAN** **3.45**

Turkish yogurt drinks.

**FRUIT JUICES** **2.95**

Ask server for varieties.

**TURKISH COFFEE** **3.95**

Traditional Turkish Coffee. (Recommended after the meal, no sugar, medium, or sweet)

**TURKISH TEA** **2.95**

Brewed Fresh Turkish Tea.

## *Side Dishes & A la Cart*

Extra Side Salad	2.95	Sotea Vegetable	5.95
Kebap Sauce	.99	Feta over Salad	2.95
Garlic Yogurt	.99	Side crumble Feta	4.95
Chilli Sauce	.79	A la cart Beef	13.95
Extra Bread	.99	A la cart Adana	14.95
Red Cabbage	2.99	A la cart Meat Ball	13.95
Bowl Yogurt	3.95	A la cart Doner Kebap	13.95
French Fry's	4.95	A la cart Chicken Kebap	12.95
Red Onions	2.95	A la cart Lamb Kebap	15.95
Side Olives	3.95	A la cart Lamp Chop (3)	16.95
Hunkar Sauce (Smoky Eggplant)	6.95		

**Wine pairing short list name will be at the end of Each Entrée.**

**CH** - Chardonnay

**PG** - Pinot Grigio

**M** - Merlot

**DR** - Dry Reisling

**Z** - Zinfandel

**CS** - Cabernet Sauvignon

**SB** - Sauvignon Blanc

**SH** - Shiraz

# Wine

	<b>GLASS</b>	<b>BOTTLE</b>
<b>WHITES</b>		
Bogle Chardonnay	8.95	26.95
Bogle Savignon Blanc	8.95	26.95
House Chardonnay	7.95	
House Pinot Grigio	7.95	
Fetzer Dry Reisling	9.95	29.95
Menage A. Trois Moscato		29.95
Menage A. Trois Sparkling Rose		29.95
Robert Hall Chardonnay		29.95
Cankaya Turkish White	10.95	38.95
Narince Turkish White	11.95	39.95
<b>REDS</b>		
Bogle Merlot	8.95	26.95
Bogle Old Zinfandel	9.95	28.95
Bogle Cabernet	9.95	28.95
Bogle Pinot Noir	9.95	28.95
De Loach Merlot		27.95
Bogle PetiteSirah	9.95	29.95
Micheal David Earthquake Zinfandel		39.95
Yakut Turkish Red	10.95	34.95
Selection Turkish Red	11.95	39.95

Please ask server for more available local wines.

# Beer

<b>BOTTLE</b>		<b>DRAFT</b>	
Efes Turkish Beer 12 CL	5.95	Stella	6.45
Coors Light	4.95	Bud Light	6.45
Corona Extra	4.95	Elysian Spacedust	6.45
Heineken	4.95	Golden Road AB Mango	6.45
Guinness Dark	4.95	Sierra Nevada Hazy L.T.	6.45
		Revisian IPA	6.45
		F-W 805	6.45