



ANATOLIAN TABLE RESTAURANT

Serving Lunch & Dinner

CELEBRATING HEALTH & AUTHENTIC FRESH FOOD

*For a Healthier & Longer Life,
The Best Mediterranean Food In Town.*

We welcome you to explore the exciting tastes from the Anatolian Region of Turkey, at one of the Best Authentic Turkish Restaurants found in the United States.

Our Anatolian Table Restaurant is one of the highest-rated restaurants in the Sacramento Region.

The Anatolian Table is highly rated because we only serve healthy, fresh, authentic, homemade dishes prepared without any food coloring, additives, or MSG. Our recipes feature locally grown fresh produce and are prepared daily in the Anatolian Table kitchen from scratch.

Treat yourself and a guest to the Anatolian Table experience to enjoy our authentic Turkish dishes, award-winning Turkish Tea and our warm hospitality.

We know that you just found out about the world famous Turkish Cuisine and it is right at your doorstep, in Northern California and not in Turkey

E. Hazar
Owner

Please inform your server if you have any food allergy or special diet before placing your order.

Thoroughly cooking food of animal origin, including but not limited to beef, eggs, fish, lamb, milk, poultry, or shell stock reduces the risk of Food Borne Illness. Young children the elderly, and individuals with certain health conditions may be at a higher risk if these foods are consumed raw or under cooked.



LUNCH MENU

(DINNER MENU ALSO AVAILABLE)

MONDAY TO FRIDAY FROM 11:30 AM TO 2:30 PM ONLY
(EXCEPT PUBLIC HOLIDAYS)

Appetizers

Served with 1 Bread, Additional Bread \$ 0.99

RED LENTIL SOUP 6.95

Traditional Turkish red lentil soup.

HUMUS 6.95

Garbanzo beans, seasoned with garlic and olive oil. (CH/DR)

SPICY HUMUS 6.95

Garbanzo beans, seasoned with garlic, olive oil, and house spices. (DR)

CACIK 6.95

House made yogurt with chopped cucumber, garlic mint, and olive oil. (CH/PG)

BABAGANUCH (Smoked Eggplant Salad) 7.45

Smoked eggplant with olive oil and tahini. (CH)

EGGPLANT SAUCE 7.45

Pan fried eggplant with tomato and garlic in olive oil, served chilled. (CH/SB)

FETA CHEESE 7.45

Slices of Feta with tomato and cucumber slices, black Kalamata olives and olive oil. (CH)

FILO PASTRY 7.45

Filo wrapped, stuffed with Feta cheese, pan fried until golden brown. (CH/PG)

CHICKEN FETA 8.95

Diced chicken meat with Feta cheese, red pepper, and onion sauce. (CH/SB)

Kebab's from the Grill

Served with Rice, Salad, Yogurt Sauce, (Soda for \$1.00)

DONER KEBAP 15.45

Combination of beef and lamb, thinly sliced from the vertical grill. (M/Z/SH)



CACIK



SPICY HUMUS



BABAGANUCH

LAMB SHISH KEBAP (Lamb Cube Kebap) 18.95

Tender cubes of lamb marinated with seasoning. (Z/SH)

CHICKEN SHISH KEBAP 14.95

Tender cubes of chicken breast marinated with seasoning. (CH/SB)

ADANA KEBAP 15.95

Spicy ground lamb with traditional spices, skewered and grilled. (Z/SH)

BEYTI KEBAP 15.95

Spicy ground lamb wrap with spicy humus. (Z/SH)

MEAT BALL KEBAP 14.95

Char grilled ground beef and lamb meat with seasoning. (CH/SB)

Traditional Entrees

DONER KEBAP WITH YOGURT 15.95

Ground meat cooked on vertical broiled served on yogurt served with salad on side. (Z/CS/M)

ADANA WITH YOGURT 15.95

Ground lamb meat on skewers with spices, served on yogurt with side salad. (Z/SH)

CHICKEN KEBAP WITH YOGURT 15.95

Cubes of chicken breast marinated with seasoning, served over yogurt with salad on side. (Z/CS/M)

MEAT BALL KEBAP WITH YOGURT 14.95

Ground meat ball with seasoning with yogurt served with salad on side. (Z/CS/M)

LAMB SAUTE 15.95

Fresh cubes of lamb with mixed vegetables cooked with sauce on pan with rice and salad. (Z/CS/M)

CHICKEN SAUTE 15.45

Fresh cubes of chicken breast, mixed vegetables cooked with sauce on pan with rice and salad. (Z/CS/M)

LAMB CASSEROLE 15.95

Mixed vegetables with lamb cubes, seasoned in casserole pot cooked in oven served with rice on side. (Z/CS/M)

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BEYTI KEBAP



KOFTE KEBAP



LAMB CHOPS

VEGETABLE CASSEROLE **14.95**

Mixed vegetables with seasoned in casserole pot cooked in oven. (CH/SB)

CHICKEN CASSEROLE **15.95**

Mixed vegetables with chicken cubes, seasoned in casserole pot cooked in oven served with rice on side. (Z/CS/M)

Lunch Sandwiches

Served with Side of Rice or Fries, Soda for \$1.00

DONER SANDWICH **15.45**

Combination beef and lamb, thinly sliced from the vertical grill wrapped in flatbread with salad.

ADANA SANDWICH **15.45**

Char grilled ground spicy lamb meat on skewer wrapped in flatbread with salad.

CHICKEN SANDWICH **15.45**

Tender cubes of chicken breast marinated with seasoning, grilled and wrapped in flatbread with salad.

VEGETABLE SANDWICH **14.45**

Oven cooked mixed vegetable with spicy humus wrapped in flatbread.

MEAT BALL SANDWICH **14.95**

Ground beef and lamb meat patty's with seasoning, wrapped in flatbread with salad.



BEEF KEBAP



ADANA SANDWICH



CHICKEN SAUTE



CHICKEN KEBAP



HOUSE WRAP



CHICKEN CASSEROLE

Wine pairing short list name will be at the end of Each Entrée.

CH - Chardonnay

PG - Pinot Grigio

M - Merlot

DR - Dry Reisling

Z - Zinfandel

CS - Cabernet Sauvignon

SB - Sauvignon Blanc

SH - Shiraz

Mixed appetizer for 2 will get 3 bread, mixed appetizer for 4 will get 4 bread due the high demand for bread there will be an additional charge for extra bread. Maximum 6 split checks for group of 6 or more. 18% Service Charge will be added to a table of 6 or more.

DINNER MENU

Soup

RED LENTIL SOUP 8.95
Traditional Turkish red lentil soup.

Salads

SHEPHERD SALAD 13.95
Tomatoes, cucumber, red onion, olive oil etc. (PG/CH)

HOUSE SALAD 10.95
Red cabbage, red onion with Romanine lettuce with house dressing.
(PG/CH)

Add chicken or Doner Kebab or Meat Ball 7.95 Add Feta cheese for 3.95

Cold Appetizers

Served with Pitta Bread (Additional Pitta \$1.49)

HUMUS 9.95
Garbanzo beans, seasoned with garlic and olive oil. (CH/DR)

SPICY HUMUS 9.95
Garbanzo beans, seasoned with garlic, olive oil, and house spices.
(DR)

CACIK 9.45
House made yogurt with chopped cucumber, garlic mint, and
olive oil. (PG/CH)

BABAGANUCH (Smoked Eggplant Salad) 9.95
Smoked eggplant with olive oil and tahini. (CH)

DOLMA 10.95
House made stuffed grape leaves, with rice, onions, pine nuts,
and assorted herbs (contains Pine Nuts). (CH/SB)

EGG PLANT SAUCE 10.45
Pan fried eggplant with tomato and garlic in olive oil, served
chilled. (CH/SB)

FETA CHEESE 9.95
Slices of Feta with tomato and cucumber slices, black Kalamata
olives, and olive oil. (CH)



DOLMA



SHEPARD SALAD



MIXED GRILL

MIXED APPETIZERS FOR 2 PEOPLE **29.95**

Variety of appetizers served with bread. (CH/SB/DR/M)

MIXED APPETIZERS FOR 4 PEOPLE **49.95**

Variety of appetizers served with bread (CH/SB/DR/M)

Hot Appetizers

BAKED OVEN HUMUS **11.95**

Spicy or Regular Humus, seasoned with olive oil, Mozzarella cheese and cooked in oven (contains Pine Nuts). (PG/CH)

FILO PASTRY **10.95**

Filo wrapped, stuffed with Feta cheese. Pan fried until golden brown. (C/PG)

MUSHROOM IN THE OVEN **13.95**

Mushroom stuffed with cheese cooked, olive oil and pepper flake. (DR/PG)

CHICKEN FETA **13.95**

Diced chicken meat with Feta cheese, red pepper, and onion sauce. (CH/SB)

GARLIC FRIES **10.95**

French fries with Feta cheese and roasted garlic etc.

SHRIMP WITH FETA **14.95**

Shrimp cooked into a feta cheese, red pepper, and onion sauce. (CH/SB)

Kebab's from Grill

Comes with Rice, Salad, Yogurt Sauce

DONER KEBAP **21.95**

Combination of beef and lamb, thinly sliced from the vertical grill. (M/Z/SH)

LAMB KEBAP **22.95**

Tender cuts of lamb marinated and grilled. (Z/SH)

Mixed appetizer for 2 will get 3 bread, mixed appetizer for 4 will get 4 bread due the high demand for bread there will be an additional charge for extra bread. Maximum 6 split checks for group of 6 or more. 18% Service Charge will be added to a table of 6 or more.



FILO PASTRY



DONER KEBAP



MUSHROOM IN THE OVEN

BEEF KEBAP	21.95
Tender Tri-Tip beef cuts, marinated and grilled. (Z/SH)	
CHICKEN KEBAP	20.95
Tender cuts of chicken breast, marinated and grilled. (SB/CH)	
ADANA KEBAP	21.95
Spicy ground lamb with traditional spices, skewered and grilled. (Z/SH)	
LAMB CHOPS	29.95
Tender lamb chops, served bone-in and grilled. (CH/M/Z)	
BEYTI KEBAP	21.95
Adana kebab wrapped in flat bread with Spicy Hummus inside. (Z/SH)	
KOFTE KEBAP	20.95
Ground lamb and beef, seasoned with garlic, onions, and parsley in patties. (SB/CH)	
MIXED GRILL KEBAP (1 PERSON)	29.95
House selection of Kebab meats. (Z/SH/CH/M)	
MIXED GRILL KEBAP (2 PEOPLE)	55.95
House selection of Kebab meats. (Z/SH/CH/M)	
MIXED GRILL KEBAP (4 PEOPLE)	109.95
House selection of Kebab meats. (Z/SH/CH/M)	

Dinner Sandwiches

Served with Side Rice or Fries

DONER SANDWICH	18.95
Combination beef and lamb, thinly sliced from the vertical grill wrapped in flat bread, with salad.	
ADANA SANDWICH	18.95
Char Grilled grounded spicy lamb meat on skewer wrapped in flat bread, with salad.	
CHICKEN SANDWICH	18.95
Tender cubes of chicken breast marinated with seasoning, grilled and wrapped in flat bread, with salad.	

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ISKENDER KEBAP



ADANA KEBAP



SULTANS DELIGHT LAMB

Kebap's with Yogurt

BEYTI KEBAP WITH YOGURT **22.95**

Adana Kebap wrapped in flatbread with spicy hummus inside, served with yogurt and house sauce. (Z/SH/M)

ISKENDER KEBAP **23.95**

Doner Kebab served on bread, with house sauce and yogurt. (Z/CS)

ADANA KEBAP WITH YOGURT **22.95**

Ground lamb meat on skewers with spices, served on yogurt with side salad. (Z/SH)

CHICKEN KEBAP WITH YOGURT **21.95**

Cubes of chicken breast marinated with seasoning, served over yogurt with side salad. (Z/CS/M)

Traditional Dishes

SULTANS DELIGHT WITH LAMB **22.95**

Tender diced lamb with onion over rich and creamy smoked eggplant sauce served with side salad. (Z/CS/M)

SULTANS DELIGHT WITH CHICKEN **21.95**

Tender diced chicken with onion over rich and creamy smoked eggplant sauce served with side salad. (CH/SB)

SULTANS DELIGHT WITH VEGETABLES **19.95**

Sautéed mixed vegetables over rich and creamy smoked eggplant sauce served with side salad. (CH/SB)

LAMB SAUTE **21.95**

Tender diced lamb with mixed vegetables in house sauce, with salad and rice. (Z/CS/M)

CHICKEN SAUTE **20.95**

Tender diced chicken with mixed vegetables in house sauce, served with rice and salad. (Z/CS/M)

LAMB CASSEROLE **21.95**

Mixed vegetables with diced lamb, baked in house sauce and served with side rice. (Z/CS/M)

CHICKEN CASSEROLE **21.95**

Mixed vegetables with diced chicken, baked in creamy sauce and served with side rice. (Z/CS/M)

VEGETABLE CASSEROLE **19.95**

Mixed vegetables baked in house sauce and served with side rice. (CH/SB)



LAMB CASSEROLE



MIXED GRILL



VEGETABLE WRAP

Mediterranean Bowls

- DONER BOWL** 19.95
Combination of beef and lamb, thinly sliced from the vertical grill served over rice, salad. (M/Z/SH)
- BEEF BOWL** 19.95
Tender Tri-Tip beef cuts, marinated and grilled served over rice, salad. (M/Z/SH)
- CHICKEN BOWL** 19.95
Tender cuts of chicken breast, marinated and grilled served over rice, salad. (SB/CH)
- ADANA BOWL** 19.95
Spicy Ground lamb with traditional spices, skewered and grilled served over rice, salad. (Z/SH)

Vegetarians

- VEGETABLE CASSEROLE** 19.95
Mixed vegetables baked in savory sauce and served with side rice. (SB/CH)
- VEGETABLE WRAP** 18.95
House vegetable blend wrapped with spicy hummus, served with rice and salad. (SB/CH)
- DOLMA WRAP** 18.95
House made dolma wrap in flatbread with humus, salad and special sauce served with fries.
- VEGETABLE SAUTE** 18.95
Mixed vegetable in house sauce, served with rice and salad. (SB/CH)
- SULTANS DELIGHT WITH VEGETABLES** 19.95
Sautéed mixed vegetables over rich and creamy smoked eggplant sauce served with side salad. (SB/CH)

Sea Foods

Char Grilled, Served with Rice, Salad or Fries

- SEA BREAM** 34.95
Char grilled whole royal Dorado from Mediterranean sea. (DR/SB/CH)
- SEA BASS** 34.95
Char grilled whole Brazen from Mediterranean sea. (DR/SB/CH)



SHRIMP CASSEROLE



SALMON



SEA BASS

SALMON	22.95
Char grilled Salmon fillet. (PN/Z)	
SALMON SAUTE	22.45
Diced Salmon with vegetables. (PN/Z)	
SALMON CASSEROLE	22.95
Salmon with mixed vegetables, baked in creamy house sauce. (PN/Z)	
SHRIMP SAUTE	21.95
Shrimp with mixed vegetables in house sauce. (Z/CS/M)	
SHRIMP CASSEROLE	22.95
Shrimp with mixed vegetables, baked in creamy house sauce. (PN/Pg)	

Kid's Menu

Served with French Fries or Rice, Soda Drink (*Pizza excluded.*
Under 12 years old only.)

CHEESE BURGER	9.95
Beef patty with ketchup and cheese.	
HAMBURGER	9.95
Beef patty with ketchup.	
CHICKEN TENDERS	9.95
Fried chicken tenders.	
DONER KEBAP	9.95
Small serving Doner Kabob plate.	
CHICKEN KEBAP	9.95
Small serving Chicken Kabob plate.	
PITTA PIZZA	9.95
Small size cheese pizza plate.	
KOFTE KEBAP	9.95
Small serving Kofte Kebab plate.	

Desserts

House Made Recommended with Turkish Tea or Coffee

BAKLAVA	7.45
House made layered Filo dough, with pistachio and house made syrup.	
BAKED RICE PUDDING	7.95
Turkish rice pudding with cinnamon and pistachio.	



BAKED RICE PUDDING



APRICOT DESSERT



BAKLAVA

APRICOT DESSERT **9.95**

Glazed apricots, served with almonds, house caramel with pistachio on top, berry sauces over whipped cream.

KUNEFE **9.95**

Shredded Filo stuffed with Mozzarella cheese, baked until crispy and topped with house syrup and pistachio.

Beverages

SODA **3.45**

Ask server for varieties.

AYRAN **3.95**

Turkish yogurt drinks.

FRUIT JUICES **3.95**

Ask server for varieties.

TURKISH COFFEE **4.95**

Traditional Turkish Coffee. (Recommended after the meal, no sugar, medium, or sweet)

TURKISH TEA **3.45**

Brewed Fresh Turkish Tea.

Side Dishes & A la Cart

Extra Side Salad	2.95	Side Rice	3.95
Kebab Sauce	.99	Saute Vegetable	7.95
Garlic Yogurt	.99	Side crumble Feta	5.95
Chilli Sauce	1.49	A la cart Beef	14.95
Extra Bread	.99	A la cart Adana	15.95
Red Cabbage	3.95	A la cart Kafte	14.95
Bowl Yogurt	4.95	A la cart Doner Kebab	14.95
French Fries	5.95	A la cart Chicken Kebab	14.95
Red Onions	3.95	A la cart Lamb Kebab	16.95
Side Olives	4.95	A la cart Lamp Chop (3)	18.95
Hunkar Sauce (Smoky Eggplant)	7.95		

Wine pairing short list name will be at the end of Each Entrée.

CH - Chardonnay

PG - Pinot Grigio

M - Merlot

DR - Dry Reisling

Z - Zinfandel

CS - Cabernet Sauvignon

SB - Sauvignon Blanc

SH - Shiraz

Wine

	GLASS	BOTTLE
WHITES		
Bogle Chardonnay	9.95	29.95
Bogle Savignon Blanc	9.95	29.95
House Chardonnay	8.95	
House Pinot Grigio	8.95	
Fetzer Dry Reisling	10.95	32.95
Menage A. Trois Moscato		32.95
Menage A. Trois Sparkling Rose		32.95
Robert Hall Chardonnay		34.95
Cankaya Turkish White	12.95	45.95
Narince Turkish White	13.95	49.95
REDS		
Bogle Merlot	9.95	29.95
Bogle Old Zinfandel	9.95	29.95
Bogle Cabernet	9.95	29.95
Bogle Pinot Noir	10.95	31.95
De Loach Merlot		27.95
Bogle PetiteSirah	12.95	34.95
Micheal David Earthquake Zinfandel		44.95
Yakut Turkish Red	12.95	39.95
Selection Turkish Red	13.95	49.95

Please ask server for more available local wines.

Beer

BOTTLE		DRAFT	
Efes Turkish Beer 12 CL	6.95	Stella	7.45
Coors Light	6.45	Elysian Spacedust	7.45
Corona Extra	6.45	Golden Road AB Mango	7.45
Heineken	6.45	Sierra Nevada Hazy L.T.	7.45
Guinness Dark	6.45	Revisian IPA	7.45
		F-W 805	7.45